



"The incidence of stroke and other serious neurological illnesses and injuries are increasing across the country at an alarming rate. Providing

comprehensive services for these vulnerable patients will allow us to transform the lives of so many members of our community."

Andrey Belayev, MD, Raleigh Neurosurgical Clinic

2019 IMPACT REPORT

Your Generous Support Raised **\$5.2 Million** for WakeMed Patients and Their Families.

100 percent of all donations made to the WakeMed Foundation are used to fund critical WakeMed programs and services. This report features a highlight of those funded in 2019.

Building Healing Environments

Comprehensive Brain & Spine Health Services

- Funding a comprehensive center of excellence to deliver highly-coordinated care for neurological illnesses and injuries.
- Brings together expanded services such as comprehensive stroke care, spine care, advanced neurosurgical technology, neurodiagnostics, and memory care.
- Nurse navigators to support patients and families throughout treatment and recovery.

Expansion of WakeMed Mobile Fleet

· Funded new handicap access van, two ambulance upgrades.

Supporting Our Emergency Departments

- Continued expansion of clinical psychiatry team for critical behavioral health needs.
- Offered clinical education funding through the Marilyn Hicks Pediatric Emergency Medicine Fellowship and skills scholarship support for ED staff.
- Introduced new privacy screens for greater confidentiality and enhanced patient experience.
- Provided 225+ Narcan kits to prevent opioid overdose for at-risk patients.

Supporting Innovative Programs

All Access App

 Provides enhanced access to WakeMed services, specialties, wait times and navigation/directions to better serve our patients and families.

Community Outreach

- Concussion Program Community Baseline Testing
 - Funded equipment and subsidized testing for student athletes to prevent long-term concussion complications.
- · Access to Telemedicine for the Homeless
 - Provided 120+ free telemedicine consults in local shelters. 86.7% of patients indicated they would have gone to the ED otherwise.
- Supporting Urgent Needs for Patients & Families
 - Developed new Spiritual Care programs to help with end-of-life planning and/or bereavement support for those dealing with death, tragedy and loss.
 - Provided diabetes management supplies, meal tickets and bus vouchers for families needing financial assistance.

Bioness L300 GO

• Funded functional electrical stimulation device for patients with neurological problems (stroke, spinal cord injury) to regain muscle function/strength.

Pediatric Obesity Reduction

- Funded the development of an incentive plan to drive better attendance and patient outcomes for Pediatric Weight Management Program.
- Supported the Energize! pediatric exercise/weight management program, which serves 170+ families annually.
- 74% of patients improved or maintained key BMI metrics; clinic 'no show' rate decreased from 42% to 18% since 2017.

Pediatric Behavioral Health

- Launched innovative telehealth program, which provides access to a psychiatrist directly from patient's pediatric primary care office.
- Expected to serve hundreds of patients per year, enhance quality and coordination of care, and reduce unnecessary ED visits.

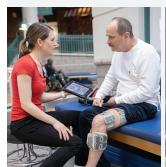
Growing Skilled Caregivers

- Supported a total of 327 employees who received funding for higher education, clinical training and medical certifications.
- Funded specialty training for 50 therapists supporting amputee patients with new prosthetic devices.
- Offered training for staff to support patients with innovative pain management therapies without the use of opioids.



"During an intense hockey match, my son Warner suffered a serious concussion. Thanks to his baseline testing, we could clearly see he was fully recovered after a few weeks of rest. This gave me peace of mind and 100% confidence in knowing he could safely return to playing the game he loves."

Angie Morris, Warner's Mom











"WakeMed's Pediatric Weight Management program has changed my life – allowing me to finally start exercising, losing weight and giving me the confidence to enjoy life again. Today, I'm happier than ever in a new school and am the founding member and president of the Engineering Club."

Samuel Benson, Pediatric Weight Management Patient

2019 WakeMed Foundation Board of Directors